Insurance Verification Sheet

How Do I Check My Insurance Benefits?

Blossom Natural Health and Wellness will gladly bill your insurance for your visit; however, **it is the patient's responsibility to be aware of her/his coverage and co-pay, as well as any deductible and maximums.**
Please follow steps 1-7 when calling to find out benefits and eligibility.
First, Call the number on your insurance card listed for customer service, benefits and eligibility, or subscriber services and ask the representative the following questions:

1. When did my coverage begin and when is it valid thru?
   Beginning Date of Coverage_____ Ending Date of Coverage_____
   Does my insurance plan follow a Fiscal or Calendar year schedule? _____
2. Do I need a referral from my primary care physician (PCP) for alternative services?
   ___Yes ___No
3. Is Dr. Meredith Distante In-Network or a Preferred Provider with my insurance?
   ___Yes ___No
4. What are my benefits for Naturopathic services?
   Naturopathic: % Covered_____ ; Co-pay/ Co-Insurance_____; Year Max_____
5. What is my deductible for the year and has any or all of it been met?
   Deductible $_____ Amount of Deductible met so far $_____ Date_____
   Are Naturopathic services subject to this Deductible? ____Yes ____No
6. What was the name of the representative I spoke with:_____ Date_____
7. Address for Claims submission?: _____Payer ID # _____

Please bring this form with you to your appointment. If you have trouble getting the information you need, please feel free to call the clinic for assistance. Thanks so much!
*Please be aware that this is not a guarantee of payment, if an insurance company provides you with inaccurate information, they may not honor the benefits that were quoted.

Patient Name _____ Date of Birth _____

Insurance ID# _____ Group or Plan ID#_____

Name of Insured (if not Patient) _____

Date of Birth of Insured _____ Employer _____ Insured is: ☐Male ☐ Female

Insured Relationship to Patient: ☐ Spouse ☐ Child ☐ Partner ☐ Other

Insurance Company _____ Address _____